



Shabbat Shalom
Friday, March 20th, 2020
Parshat Vayakhel-Pekudei

Ahavat Olam by Rami Shapiro

We are loved by an unending love.
We are embraced by arms that find us
even when we are hidden from ourselves.

*We are touched by fingers that soothe us
even when we are too proud for soothing.
We are counseled by voices that guide us
even when we are too embittered to hear.
We are loved by an unending love.*

We are supported by hands that uplift us
even in the midst of a fall.
We are urged on by eyes that meet us
even when we are too weak for meeting.
We are loved by an unending love.

*Embraced, touched, soothed, and
counseled...
ours are the arms, the fingers, the voices;
ours are the hands, the eyes, the smiles;
We are loved by an unending love.*

Blessed are You O Source of Love
who loves Your people Israel and all of
creation.

Blessing for Washing Hands during a Pandemic

by Trisha Arlen
As we wash our hands
We pray,
Blessed is the Soul of the Universe,
Breathing us in and breathing us out.
May our breaths continue
And our health and the health of all
Be preserved
In this time of sickness and fear of
sickness.
Holy Wholeness,

We take as much responsibility for this as
we can

By observing the obligation to wash our
hands

Thoroughly:

For as long as it takes to say this prayer.
Amen

*Barukh atah adonai eloheinu melekh
ha-olam asher kidshanu b'mitzvotav
v'tzivanu al netilat yadayim*

Blessed are you, our God, ruler of the
universe, who sanctified us with God's
commandments and instructed us on
washing hands

A Prayer for Medical Scientists

by Alden Solovy
God of wisdom,
Bless medical scientists and researchers
around the world
With insight and skill, dedication and
fortitude,
As they combat coronavirus,
So that their work yields knowledge and
understanding,
Speedily finding a vaccine, treatments and
deterrents to its spread.
Source of life,
Grant public health and government
officials
The strength to act swiftly and decisively,
With compassion and understanding,
In service to humankind,
Fighting this outbreak
And the other diseases that still plague the
planet,
Diseases threatening the lives of our
brothers and sisters,
Nations and communities,
Young and old.
Rock of Ages,
Bring an end to disease and suffering,
So that all may know
Your compassion and Your grace.

בְּרוּךְ אַתָּה ה', רוֹפֵא כָּל בֶּשָׂר, וּמַפְלִיא לַעֲשׂוֹת:
Praised are You G-d, healer of flesh, maker
of wonders.